



## Lenten Prayer and Practices

Our Lenten practices as Catholics are, at the same time, both very personal and communal. There are visible, concrete things we do together during Lent as Catholics for example through the observance of days of fast (Ash Wednesday and Good Friday) and abstinence (not eating meat on Ash Wednesday and the Fridays of Lent including Good Friday). We are all encouraged to participate in praying the Stations of the Cross, the Rosary and perhaps attending Mass more often than just on Sundays. These and other practices and prayers are common and important ways in which we make our Lenten “journey” together.

Many Lenten practices are also very personal. They are suited to our personal situations right now, and because of that, they may vary from person to person. These practices, in whatever form they take, require real self-examination and discernment, all with the help of the Holy Spirit. Our voluntary mortifications or sacrifices are like medicine for a specific ailment or ailments, and every step of the way, we count on God’s grace and guidance for healing and restoration. Personal conversion, purification and spiritual growth are only possible with God’s help.

The Lent is a gift, a season of grace that we will never have again in quite this way. We should make the most of each day, even when struggle and sacrifice are involved might see too much for us. In those moments, especially, we must remember that the Lord is beside us, encouraging us and carrying our crosses with us. Because of that truth, we pick up after a setback with even more determination and confidence in God’s love for us.

The greatest help to us in this effort is sacramental Confession. Here, in this Sacrament, Jesus meets us with his understanding and merciful love. Of course, he knows what we are going to say. He also knows what we most need. Our penitence, our desire for forgiveness, healing and reconciliation are always met with Christ’s overwhelming love for us.

We pray the Stations of the Cross every Friday in Lent at 7:30pm. Confession are heard every Saturday at 4:15pm.

God’s blessings,  
Father Ceriello  
jaceriello@gmail.com



**SEVENTH SUNDAY IN ORDINARY TIME.**

**Sunday, February 23 at 8:30am**

**Open**

**10:30am Pro Populo**

**Monday, February 24 at 8:30am**

**Open**

**Tuesday, February 25 at 8:30am**

**George Desdunes**

**Ash Wednesday, February 26 at 8:30am**

**John Herby Bunyan (Memorial)**

**12Noon**

**7:30PM**

**Thursday, February 27 at 8:30am**

**Open**

**Friday, February 28 at 8:30am**

**Open**

**Saturday, February 29 at 5pm**

**Catherine Brown**

**Sunday, March 1<sup>st</sup> at 8:30am**

**Open**

**10:30am Pro Populo.**

**PARISH OFFERING**

*The offering to the parish last Sunday was: \$6380.*

*Thank you for your generosity and your support of Queen of All Saints!*

**PARISH WEEKLY GOAL**

*Thank you for your sacrificial giving each week. Please remember that in order for us to meet our ordinary expenses, we need a minimum of \$7500 in each Sunday's offering. Please continue to be as generous as you can. If you miss a week for any reason, please try to make up for it the following week or when you return. This is especially true on holiday weekends and during the summer months. Thank you again for your understanding.*

**ALCOHOLICS ANONYMOUS**

***AA Meets every Monday at 6:30pm and Wednesday at 7:30pm in St Joseph Hall.***

**QUEEN OF ALL SAINTS PRAYER LIST**

*Please Pray for the sick:*

*Linda Vital, Alison and Ken Sardinha, Chimene Jean Paul, Abeba Makonnem, Clara Morehead, Clarence McGhie, Ronnie Pierre, Ramesh Khudan, Debbie Khudan, Solange Faroul Kernizan, Diana Mallou & Child, Renee Williamson, William Davis.*

*(Please, call the Rectory to add the names of parishioners and close relatives of parishioners who are ill or who have died).*

**Women's Spirituality Retreat, April 3 - 5**

*Marianist Family Retreat Center -*

*[www.capemaymarianists.org](http://www.capemaymarianists.org)*

*Cape May Point, NY 08212*

*609 884 3829*

*Join with other women in an exploration of your own story and stories of women in faith. Come alone, or with the relative or friend. A team of women has prepared this weekend of rest and renewal. Eucharist, other prayer experiences, beach walks, socials and fun are included.*

*Cost: \$140pp, double occ*

**First Penance/First Communion**

<b>Retreat</b>	<b>March 28 (Saturday) 10am - 1pm Retreat with lunch and rehearsal</b>
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<b>Rehearsals</b>	<b>March 8 (Sunday) 1pm-2pm April 5 (Sunday) 1pm-2pm</b>
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<b>First Penance Day</b>	<b>April 4 (Saturday) 10:30am-11:30am</b>
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<b>First Communion Day</b>	<b>May 3 during the 10:30am mass, meeting time 9:45am St. Joseph's Hall</b>
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<b>May Crowning</b>	<b>May 10 first communion with their dress</b>
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