



[The Grace of the Present Moment](#)

Continued from last week...excerpts from Providence by Fr. Reginald Garrigou-Lagrange, O.P.

“As often noted, when souls have given themselves to God in all sincerity and have made generous, even heroic efforts to prove their love for Him, a critical moment comes when they must abandon a too personal way of judging and acting – though it may be of a high order – so as to enter upon the path of true humility, that “little humility” which loses sight of self and looks henceforward on God alone.

At that moment two widely different courses are possible: either the soul seeks for itself the course to take and pursues it, or it fails to do so, sometimes going so far astray in its upward path as to go back again without being altogether aware of it.

To see this path of true humility is to discover in our everyday life, from morning to night, opportunities of performing seemingly trivial acts for the love of God. But the frequent repetition of these acts is of immense value and leads to a delicacy of attitude toward God and our neighbor which, if constant and truly sincere is the mark of perfect charity.

The acts then demanded of the soul are very simple and pass by unnoticed. There is nothing in them for self-love to take hold of. God alone sees them, and the soul thinks it is offering Him, so to speak, nothing at all. Without this fidelity in little things actuated by the spirit of faith and love, humility, patience and gentleness, the contemplative life will never penetrate the active, the ordinary everyday life. Contemplation will be confined, as it were, to the summit of the intellect, where it is more speculative than contemplative; it will fail to permeate our whole existence and manner of life and will remain almost completely barren whereas it should become every day more fruitful.”

God's blessings,
Father Ceriello
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THE PRESENTATION OF THE LORD

Sunday, February 2nd at 8:30am
Wha Yoang Suh & Raymond Suh & Family
10:30am Pro Populo
Monday, February 3rd at 8:30am
Open
Tuesday, February 4 at 8:30am
Open
Wednesday, February 5 at 8:30am
Holy Trinity
Thursday, February 6 at 8:30am
Open
Friday, February 7 at 8:30am
Open
Saturday, February 8 at 5pm
Van Ly Bunyan (Birthday)
Sunday, February 9at 8:30am
Open
10:30am Pro Populo.

PARISH OFFERING

*The offering to the parish last Sunday was: \$8755
Thank you for your generosity and your support
of Queen of All Saints!*

PARISH WEEKLY GOAL

*Thank you for your sacrificial giving each week.
Please remember that in order for us to meet our
ordinary expenses, we need a minimum of \$7500
in each Sunday's offering. Please continue to be as
generous as you can. If you miss a week for any
reason, please try to make up for it the following
week or when you return. This is especially true
on holiday weekends and during the summer
months. Thank you again for your understanding.*



QUEEN OF ALL SAINTS PRAYER LIST

Please Pray for the sick:

*Linda Vital, Alison and Ken Sardinha, Chimene
Jean Paul, Abeba Makonnem, Clara Morehead,
Clarence McGhie, Ronnie Pierre, Ramesh
Khudan, Debbie Khudan, Solange Faroul
Kernizan, Diana Mallou & Child, Renee
Williamson, William Davis.*

*(Please, call the Rectory to add the names of
parishioners and close relatives of
parishioners who are ill or who have died).*

Memorare

*Remember, O most gracious Virgin
Mary, that never was it known that
anyone who fled to your protection,
implored your help or sought your
intercession was left unaided.*

*Inspired with this confidence,
I fly unto you, O Virgin of Virgins,
my Mother; to you do I come,
before you I stand sinful and
sorrowful; O Mother of the Word
Incarnate, despise not my petitions,
but in your mercy hear and
answer me. Amen.*



ALCOHOLICS ANONYMOUS

**AA Meets every Monday at 6:30pm and
Wednesday at 7:30pm in St Joseph Hall.**