



### *Lenten Prayer and Practices*

Our Lenten practices as Catholics are, at the same time, both very personal and communal. There are visible, concrete things we do together during Lent as Catholics for example through the observance of days of fast (Ash Wednesday and Good Friday) and abstinence (not eating meat on Ash Wednesday and the Fridays of Lent including Good Friday). We are all encouraged to participate in praying the Stations of the Cross, the Rosary and perhaps attending Mass more often than just on Sundays. These and other practices and prayers are common and important ways in which we make our Lenten “journey” together.

Many Lenten practices are also very personal. They are suited to our personal situations right now, and because of that, they may vary from person to person. These practices, in whatever form they take, require real self-examination and discernment, all with the help of the Holy Spirit. Our voluntary mortifications or sacrifices are like medicine for a specific ailment or ailments, and every step of the way, we count on God’s grace and guidance for healing and restoration. Personal conversion, purification and spiritual growth are only possible with God’s help.

This Lent is a gift, a season of grace that we will never have again in quite this way. We should make the most of each day, even when struggle and sacrifice are involved might see too much for us. In those moments, especially, we must remember that the Lord is beside us, encouraging us and carrying our crosses with us. Because of that truth, we pick up after a setback with even more determination and confidence in God’s love for us.

The greatest help to us in this effort is sacramental Confession. Here, in this Sacrament, Jesus meets us with his understanding and merciful love. Of course, he knows what we are going to say. He also knows what we most need. And it is in the very confessing of our sins that all walls come tumbling down whether those walls are in our hearts or whether we somehow perceive them to be between us and the Lord. Our penitence, our desire for forgiveness, healing and reconciliation are met with Christ’s overwhelming love for us.

We pray the Stations of the Cross every Friday in Lent at 7:30pm. Confessions are heard every Saturday at 4:15pm and on Reconciliation Monday April 15.

God’s blessings,  
Father Ceriello  
jaceriello@gmail.com



**FIRST SUNDAY OF LENT.**

**Sunday, March 10**

8:30am Tiye St Louis

10:30am Pro Populo

**Monday, March 11**

8:30am, Open

**Tuesday, March 12**

8:30am Open

**Wednesday, March 13**

8:30 am Open

**Thursday, March 14**

8:30am Open

**Friday, March 15**

8:30am Open

**Saturday, March 16**

8:30 am No Mass

5pm Michael O'Connell

**Sunday, March 17**

8:30am Ayaan Marie Mendy (7<sup>TH</sup> Birthday)

10:30am Pro Populo

**PARISH OFFERING**

***The offering to the parish of was: \$6725***

***Thank you for your generosity and support of Queen of All Saints!***

**PARISH WEEKLY GOAL**

*Thank you for your sacrificial giving each week. Please remember that in order for us to meet our ordinary expenses, we need a minimum of \$7500 in each Sunday's offering. Please continue to be as generous as you can. If you miss a week for any reason, please try to make up for it the following week or when you return. This is especially true on holiday weekends and during the summer months. Thank you again for your understanding.*

**ALCOHOLICS ANONYMOUS**

***AA Meets every Monday at 6:30pm and every Wednesday at 7:15pm in St Joseph Hall.***

**THE PRAYER LIST FOR THE SICK**

*Marlene McIntosh, Mirlande Guerrier, Danielle Prout, Faith Prout, Marie Henry, Joseph Aitken, Stacy McGhie, Ruby Allen, Dorothy Brown, Jacques Maurice, Idolly Hutchinson, Bettye Pinkney, Helen C.Thousand, Cordelia Howard & Khudan family, Clara Morehead, Sylvester Allen, Morice Cunningham, Raquel Cruz, Ernest Jackson, William Texidor & family, Cassaundra Matthews, Timmy Mallou, Hildred Baldirsingh, Ivana Erazo, Veronica Quinn, Denise Quinn Sabet, Charlotte Short-Chiekezi & family.*

**PRAYER LIST FOR DECEASED OF THE PARISH**

*Jose Torres sr, Jacqueline Jones, Syble Iantha Deshong, Renee Wolf Calvin, Margaret Walker, Sylvia Baker, Mary Brown, Jacqueline Goings, Elizabeth McCormick McDonough, Carmela Pergamo, , June Catherine Roberts, Roderick Estrellado, Mavis Gittens, William Howard Sr, Ernest Jackson, Joan Vincent, Providencia Santos, Rooplal Khudan, Chrisandra Matthews, Arnold Budd, Chris Wethers, Christine Falco.  
(Please call the rectory to add the names of your family member)*



**Laetare Sunday**

***The Fourth Sunday of Lent is known as Laetare Sunday when we celebrate with joy our anticipation of the Paschal celebration to which we are drawing close.***

***Please mark your calendars for a parish Laetare Sunday festival on Sunday March 31<sup>st</sup> from 11:30am to 3:00pm in Saint Joseph's Hall. Our afternoon will feature an international pot luck dinner among other treats and surprises, and all parishioners are invited to attend.***

***More information will be forthcoming next Sunday.***