

# *Litany Of Humility*



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*This prayer was composed and prayed every day after Mass by Cardinal Rafael Merry del Val, the secretary of state to Pope Pius X.*

*Some of these intercessions may be difficult for us to pray for, but each in its own way, does dispose us to receive the Holy Spirit and to find our true strength and peace in God's faithful and providential love for us.*

O Jesus, meek and humble of heart, make my heart like yours.

From self-will, deliver me, O Lord.

From the desire of being esteemed, **deliver me, O Lord.**

From the desire of being loved, ...

From the desire of being extolled, ...

From the desire of being honored, ...

From the desire of being praised, ...

From the desire of being preferred to others, ...

From the desire of being consulted, ...

From the desire of being approved, ...

From the desire to be understood, ...

From the desire to be visited, ...

From the fear of being humiliated, ...

From the fear of being despised, ...

From the fear of suffering rebukes, ...

From the fear of being calumniated, ...

From the fear of being forgotten, ...

From the fear of being ridiculed, ...

From the fear of being wronged, ...

From the fear of being suspected, ...

From the fear of being wronged, ...

From the fear of being refused, ...

From the fear of being abandoned, ...

That others may be loved more than I, **Lord, grant me the grace to desire it.**

That in the opinion of the world others may increase and I may decrease, ...

That others may be chosen and I set aside, ...

That others may be praised and I go unnoticed, ...

That others may be preferred to me in everything, ...

That others may become holier than I, provided that I may become as holy as I should, ...

At being poor and unknown, **Lord, I want to rejoice.**

At being deprived of the natural perfections of body and mind, ...

When I am given the most difficult of tasks, ...

When others never think to make use of me, ...

When others never ask my opinion, ...

When they leave me at the lowest place, ...

When they never compliment me, ...

When others wrongly blame me, ...

Blessed are those who suffer persecution for justice sake, for theirs is the kingdom of heaven. Amen.

**PARISH OFFERING**


The offering to the parish last week was: **\$5875**  
Thank you for your generosity and support of  
Queen of All Saints!

**PARISH WEEKLY GOAL**

Thank you for your sacrificial giving each week. Please remember that in order for us to meet our ordinary expenses, we need a minimum of \$7500 in each Sunday's offering. Please continue to be as generous as you can. If you miss a week for any reason, please try to make up for it the following week or when you return. This is especially true on holiday weekends and during the summer months. Thank you again for your understanding.

**SIXTEENTH SUNDAY IN ORDINARY TIME**

**Sunday, July 22**  
8:30am Fred Guarneri  
10:30am Pro Populo  
**Monday, July 23**  
8:30am Open  
**Tuesday, July 24**  
8:30 am Open  
**Wednesday, July 25**  
8:30 am Open  
**Thursday, July 26**  
**8:30am** Ramon Gonzalez Arias  
**Friday, July 27**  
8:30am Ralph & Anna Contreras  
**Saturday, July 28**  
8:30 am No Mass  
5pm Open  
**Sunday, July 29**  
8:30am Alfred Russo  
10:30am Pro Populo



**Our Prayer List**


**THE PRAYER LIST FOR THE SICK**

Marlene McIntosh, Mirlande Guerrier, Danielle Prout, Faith Prout, Marie Henry, Deborah Khudan. Joseph Aitken, Stacy McGhie, Ruby Allen, Dorothy Brown, Jacques Maurice, Idolly Hutchinson, Bettye Pinkney, June Roberts.

**PRAYER LIST FOR DECEASED OF THE PARISH**

Jose Torres sr, Jacqueline Jones, Syble Iantha Deshong, Renee Wolf Calvin, Margaret Walker, Sylvia Baker, Mary Brown, Jacqueline Goings, Elizabeth McCormick McDonough, Carmela Pergamo.  
(Please call the rectory to add the names of your family members.)

**ALCOHOLICS ANONYMOUS**  
AA Meets every Monday at 6:30 pm and every Wednesday at 7:15 pm in St Joseph Hal



**Remember Your Offerings**

**Your Weekly Offering during Summer**  
Please remember the importance of your weekly offerings during the summer months. This time of the year affords many of us the opportunity to get away for a while for refreshment and renewal. It's a blessing we should make the most of if we can.  
Your weekly offering to Queen of All Saints, even when you are away, is still very important as we try to meet our normal operating expenses that do not change with the summer season.  
If you use the envelope program of giving, please make every effort to continue regular, weekly offerings. If you are travelling, please try, when you return, to "catch up" with the offerings you may have missed while you were away.  
Many parishioners make their weekly offering through their bank that automatically sends a check to the parish.  
Thank you for your understanding and your generous support of the parish.