



**LENTEEN REGULATIONS ON FASTING AND  
ABSTAINING FROM MEAT**

Abstinence from meat is to be observed by all Catholics 14 years old and older on Ash Wednesday and all the Fridays of lent including Good Friday.

Fasting is to be observed on Ash Wednesday and Good Friday by all Catholics from age 18 to 59. This Lenten fast day includes only one full, simple meal. Two smaller meals may be taken during the day to maintain strength according to one's needs. Eating solid foods between meals is not permitted during the fast.

**Thank You**

Thank you to all who contributed in any way to making last Sunday's Black History Month celebration such a great success. Thank you to the committee, to those who brought food and those who performed on stage so beautifully. Thank you to our guest speaker, Jim Saint Germain for his inspiring message, and to those who assisted with the clean up of the hall. And congratulations to this year's honorees, Joslyn White and Raymond Clarke.

**Ash Wednesday – March 1,  
2017**

Ashes will be distributed at the following times:

8:30 AM Mass

10:30 AM Prayer Service

7:30 PM Mass

For each Mass and service, please use the main doors on Lafayette Avenue to enter the church

**Sacred Heart Men's Shelter**

Queen of All Saints will be providing overnight coverage and meals for up to 8 men at the Sacred Heart Men's Shelter on the evenings of Monday, March 13th; Tuesday, March 14th; and Wednesday, March 15th. Please email [gasmensshelter@gmail.com](mailto:gasmensshelter@gmail.com) if you would like to help. Ray will be available in the Narthex with sign-up sheets at this weekend's Sunday Masses.

**EIGHTH SUNDAY IN ORDINARY TIME**

**Sunday, February 26**  
8:30am Thanksgiving Mass for St Jerome  
10:30am Pro populo

**Monday, February 27**  
8:30 am Thanksgiving to the Father, the Son and the Holy Spirit  
**Tuesday, February 28**  
8:30 am Thanksgiving to the Blessed Mother

**Wednesday, March 1<sup>st</sup>**

8:30 am Catherine Brown (1<sup>st</sup> Anniversary)

**Thursday, March 2<sup>nd</sup>**

8:30 am Open

**Friday, March 3<sup>rd</sup>**

8:30 am James o'callaghan

**Saturday, March 4**

8:30 Richard Pollas

5pm Richard Pollas

**Sunday, March 5**

8:30 Tiye St Louis (Memorial)

10:30am Pro Populo

**PLEASE PRAY FOR THE SICK OF THE PARISH  
ESPECIALLY:**

*Shirley Cook, John Anthony Edwards, Marie Henry, Chimene Jean-Paul, Aaliya Khudan, Ramesh Khudan, Jr, Miyoshi Vital, Eva Rotelli, Mona Kinssec, Mrs Pancari., Camille Mills, Frederick Lue, Jo Ann Ciavolella, Rasheeda Pierce, Montas Pierce, Ella Pierce, Freida Pemberton, Andre Petties, Ronald St. Charles, Joan Vincent, Cordelia Howard, Joelle Earle, Adrian Texidor, Sylvia Baker, Bettye Pinkney, Yeshi, Ryan Chin, Al Adami, Theresa Powell, Bertram Powell, Martine Dallemand, Rosa Maria Santos, Raquel Cruz, Dora Acosta, Trinity Ramdin, Hildred Brown, Shawn Earle, Ursula M. Aird, Patrocinio Binuya, Gregorio Binuya, Rick Mc Gill, Joshua Sardinha, Ken & Alison Sardinha, Tom Moogan.*

**PLEASE PRAY FOR THE DECEASED:**

*Fritz Galette Nancy Breier, Aulander Askew, Gwendolyn Finch, Beate Petties, Barbara Small, William Sullivan, Maurice Holland, Margaret Vincent, Michael Marable, Catherine Brown, Eugenie Dupree, Beatrice Corless., David Rampersad,, Minerva Matias, Sheila Palmer, Elvia Powell, Florence Merine-Philip, Angela Steele, Franklin Forbes, Faye Bradbury, Stephen Sardinha., Theresa Powell.*

**ALCOHOLICS ANONYMOUS**

AA Meets every Monday at 6:30 pm and every Wednesday at 7:15pm in St Joseph Hall.

**PARISH OFFERING**

**The offering to the parish last Sunday was: \$5887  
Thank you for your generosity and support of  
Queen of All Saints!**

**PARISH WEEKLY GOAL**

*Thank you for your sacrificial giving each week. Please remember that in order for us to meet our ordinary expenses, we need a minimum of \$7500 in each Sunday's offering. Please continue to be as generous as you can. If you miss a week for any reason, please try to make up for it the following week or when you return. This is especially true on holiday weekends and during the summer months. Thank you again for your understanding.*



**FOR LENT, FOR LIFE**

**What You Give Up For Lent Changes Lives**

Lent is here! Once again, through these forty days, we are called to a deeper encounter with ourselves, with others and with God. One way you can do that this Lent is through a CRS Rice Bowl.

**What is the CRS Rice Bowl?**

It is Catholic Relief Services' Lenten program for faith communities in the United States who want to put their faith in action. Through CRS Rice Bowl, you are invited to hear stories about your brothers and sisters in need around the world, and to devote your Lenten prayers, fasting and alms to change the lives of those who suffer in poverty.

**How does it work?**

This Sunday, you can pick up your cardboard CRS Rice Bowl after any of the Masses. It is a tool for collecting your Lenten alms. There is also a CRS Rice Bowl app that puts Lent in your pocket with daily reflections, meatless meal recipes and more. The app is available for both Android and Apple devices. At the end of Lent, simply return your full Rice Bowl to the rectory. More info at [www.crsricebowl.org](http://www.crsricebowl.org)

**How is the money used?**

Lenten alms go to alleviate hunger and poverty in communities overseas and in the U.S. - 75% of gifts support CRS' humanitarian programs around the world and 25% remain in each U.S. Diocese where they are given to hunger and poverty alleviation efforts.